

# LINCOLN HEAD

## Notes for Spectators

### 2017

#### **Location**

Lincoln Head is organised by Lincoln Rowing Centre and takes place from the Rowing Centre's boathouse on Spa Road, Lincoln.

Boathouse: Lincoln Rowing Centre, Spa Road, Lincoln, LN2 5TB.

Car Parking: Beech House, Witham Park. Waterside South, Lincoln. LN5 7JH

Please be aware that the public use the roads adjacent to the boathouse and Beech House and local companies require access and car parking so please do not cause an obstruction when parking.

#### **Catering**

Refreshments will be available all day in the Lincoln Rowing Centre boathouse.

#### **Toilet Facilities**

There are toilet facilities in the boathouse and there are a number of portaloos.

#### **Emergencies**

There is an emergency telephone with Registration and Race Control, both of which are located in the Rowing Centre's Boathouse. All officials will have radios and/or mobile phones and will be able to summon assistance if necessary.

#### **Access points**

There are 3 road access points to the river for the event:

Lincoln Rowing Centre, Spa Road	SK 98592 71030	LN2 5TB
Waterside South Landing Stage	SK 98508 70991	LN5 7JN
Washingborough, Ferry Lane	TF 01545 70943	LN4 1AA

## Spectating

The race itself is a time trial running upstream on the River Witham. There are two races per division – a short course from the 4km marker at Washingborough and a longer course from the 6km marker. In both races the finish is halfway between the 2K and 3K markers (see map below). There are two divisions starting at 10:30 and 14:00 and crews will be started off at approximately 15 – 20s intervals.

It is possible to view the racing from either bank although it is approximately 1.5 km along the bank from the club house to get to the Finish (approx. 15-20 minutes perhaps) so please leave sufficient time to reach the course.

Whilst we positively encourage you to be as vocal as you wish in the support of your crews, we kindly ask that if you are near to any race officials, you allow their instructions to be heard by crews on the river for reasons of safety and the smooth running of the race.

**North Bank:** Walk along the bank from the LRC buildings to get to the Finish. The finish is by the fence halfway between the 2K and 3K markers. There is a reasonable path along the top of the bank but it can be a bit muddy so please wear appropriate footwear.

**South Bank:** There is a very good path on the South bank which is suitable for walking and cycling. Visibility is not as good as the North bank as there are a lot of trees but it is a better path and ideal for cycling. Walk or cycle along the bank from the Beech House car park.

**Washingborough Landing Stage:** There is a good vantage point for spectators at Washingborough Landing Stage which is approximately half-way down the course but there is only limited parking along the road side. The post code shown above will get you there.

## Map of Course

Lincoln Head Course Schematic – no to scale

